

## Health and Wellbeing Strategy: Priority 1 – Supporting People Live Healthy Lives

 <p><b>IMPACT SUMMARY</b> Improved physical health through the prevention of physical ill-health and the promotion of physical well-being</p>	<p><b>WHAT WILL BE DIFFERENT FOR PEOPLE IN SURREY?</b></p>	<p><b>HOW HAS COLLABORATIVE WORKING BETWEEN HWB BOARD ORGANISATIONS ADDED VALUE AND CONTRIBUTED TO THE ACHIEVEMENT OF THE OUTCOMES?</b></p>	<p><b>DATA, INSIGHTS AND CHALLENGES – CHILDREN &amp; YOUNG PEOPLE’S ACTIVE LIVES SURVEY</b></p>
<p><b>OUTCOMES By 2030:</b></p> <ul style="list-style-type: none"> <li>• People have a healthy weight and are active</li> <li>• Substance misuse is low (drugs/alcohol &amp; smoking)</li> <li>• The needs of those experiencing multiple disadvantages are met</li> <li>• Serious conditions and diseases are prevented</li> <li>• People are supported to live well independently for as long as possible</li> </ul> <p><b>WHO’S LEADING THIS?</b> <b>Priority sponsor:</b> Karen Brimacombe. Chief Executive, Mole Valley District Council</p> <p><b>Programme Manager:</b> Jason Ralphs, Policy and Programme Manager, Surrey County Council</p> <p>For more information on the performance of individual programmes and projects within this priority such as progress against key milestones please contact the relevant programme manager via <a href="mailto:healthandwellbeing@surreycc.gov.uk">healthandwellbeing@surreycc.gov.uk</a></p>	<p>The Community Vision for Surrey describes what residents and partners think Surrey should look like by 2030: By 2030 we want Surrey to be a uniquely special place where everyone has a great start to life, people live healthy and fulfilling lives, are enabled to achieve their full potential and contribute to their community, and no one is left behind.</p> <p>In light of the Community Vision and the vital role, communities and staff/organisations in the health and care system play in its delivery, the Strategy sets out Surrey’s priorities for improving health and wellbeing across the priority populations for the next 10 years. It identifies specific groups of people who experience poorer health outcomes and who may therefore need more support. It also outlines how we need to collaborate so we can drive these improvements, with communities leading the way.</p> <p>Priority 1 currently focuses on enabling residents to lead physically healthier lives. This priority area is focused on prevention, removing barriers and supporting people to become proactive in improving their physical health. Priority 1 programmes include those which focus on:</p> <ul style="list-style-type: none"> <li>• Working to reduce obesity, excess weight rates and low levels of physical inactivity</li> <li>• Supporting prevention and treatment of substance misuse, including alcohol, and smoking cessation.</li> <li>• Ensuring that the needs of those experiencing multiple disadvantages are met.</li> <li>• Promoting prevention to decrease incidence of serious conditions/diseases</li> <li>• Living independently and dying well</li> </ul>	<p>A multi-agency steering group to support the delivery of the NHS LTP <b>Tobacco Control programme</b> has been established with leadership from the Surrey Heartlands ICB respiratory clinical lead. All acute trusts in Surrey will be required to offer stop smoking services to inpatients once the services are implemented, the model will be adapted for maternity patients and patients in mental health inpatient settings. Patients will also be supported with their quit attempts in the community following discharge from hospital. Collaborative working between public health, Trading Standards and Environmental Health is underway to review the <b>Eat Out, Eat Well</b> programme, with the development of a questionnaire to share with food vendors across Surrey. The aim of the scheme is to reward restaurants, takeaways and other food businesses that make it easier for their customers to make healthy choices.</p> <p>Active Surrey hosted <b>‘Movement for Change: 1 year on’</b> looking at challenges and successes a year into delivery of the strategy. Over 120 people attended the event from across the system, which focused on physically active communities and reducing health inequalities.</p> <p>A strategy workshop on the <b>Better Care Fund (BCF)</b> was held on Thursday 2 March. The aims of the workshop were to explore ideas and challenges for BCF spend in 2023/24; to present key findings from recent review; to hold an initial discussion on the BCF longer term plans.</p>	<p>The latest Children &amp; Young People’s Active Lives survey produced by Sport England shows that 48.9% of Surrey’s under 16’s met the Chief Medical Officer’s recommendation of 60 minutes activity every day. But whereas figures for England show a return to pre-pandemic levels (47.2% are active nationally), Surrey is still short of hitting its 2018/19 peak, when 53.3% of children were active. Although the data showed an increase in children being active, old disparities remain. National figures show:</p> <ul style="list-style-type: none"> <li>• Girls are less active than boys (45% nationally vs 50%), though there’s been an increase in secondary participation</li> <li>• Black and Asian children are less active than fellow white pupils (both 41%, vs 50%)</li> <li>• Young people from less affluent households are 10% less active than most affluent areas (42% vs 52%)</li> </ul> <p>The report demonstrates the link between activity levels, physical and mental health outcomes. Children who enjoy taking part in sport typically move more and report being happier, with increased resilience and a greater sense of community. Commenting on the results, Active Surrey Managing Director Lil Duggan said: “It’s great to see the work put in by schools, sports clubs and parents to encourage children back into healthy habits is paying off. We hope that next year we’ll see further growth in the number of young people in Surrey meeting the recommended guideline...The team at Active Surrey are particularly focussed on helping those young people who have the most to gain from moving more but are sometimes the least able to access organised activities. As the cost-of-living squeeze deepens, we’ll continue our work to ensure all children have a chance to enjoy a healthier, happier future.” For more information contact: <a href="mailto:lawrie.baker@surreycc.gov.uk">lawrie.baker@surreycc.gov.uk</a></p>

Page 3

**WHAT HAS BEEN ACHIEVED THIS QUARTER UNDER REFRESHED PRIORITY 1 OUTCOMES?**



**IN THE SPOTLIGHT: BRIDGE THE GAP OUTREACH SERVICE – A TRAUMA INFORMED ‘PLACE AND NEIGHBORHOOD’ BASED MODEL OF SUPPORT**

**People have healthy weight and are active**

- Active Surrey has secured £80K investment from the Office of the Police and Crime Commissioner to expand Friday Night Projects and Step Out to Step In programmes.
- The [Club4/HAF \(Holiday and Food\) activity programme](#) will create 6 further apprenticeships to enhance the disability physical activity workforce. 10,340 places were funded during Christmas holidays in Surrey.
- Eat Well Start Well (EWSW): 400 early years settings have been contacted and are being assessed. SCC Public Health working with caterers Twelve15 to review menus so that they comply with EWSW award.

**Substance misuse is low**

- Surrey Combating Drugs Partnership (CDP) launched as a new multi-agency forum, accountable for delivery of the national drugs strategy. This will include co-ordinated action across a range of partners including; enforcement, treatment, recovery and prevention. The three strategic objectives are: Breaking drug supply, treatment and recovery and reducing the generational demand for drugs.
- The Surrey Tobacco Control Alliance was updated at the end of 2022 and the new group will review the first draft of the Surrey Tobacco Strategy in March.

**The needs of those experiencing multiple disadvantage are met (see right)**

**Serious conditions and diseases are prevented**

- CVD prevention plan outlining the priorities was approved by the Surrey Heartlands Health and Care Professional Executive (HCPE) and CVD Project Board.
- Funding has been secured to pilot community health checks in East Surrey for those who may not have been eligible for NHS health checks. The aim is to identify high risk behaviours earlier and provide support for those who are at risk of CVD and diabetes.
- Outreach blood pressure and atrial fibrillation (AF) checks continue to be delivered in North Guildford PCN, which was identified as having a higher rate of stroke. Blood pressure and AF checks have also been completed within vaccination centres across Surrey.
- Funding has been secured by Surrey Heartlands from Macmillan Cancer Support to recruit a project manager to target health inequalities related to screening, diagnosis, treatment and living with cancer.

**People are supported to live independently for as long as possible**

- Following the outcome of a workshop that took place in May 2022, falls prevention in care homes training was delivered in February to care homes in Surrey.
- A new strength and balance plan called Fall-Proof will be distributed to older people living in Elmbridge Borough to engage in self-directed strength and balance exercises to maintain functioning and reduce morbidity associated with falls.
- Live Longer Better Pilot with Elmbridge Borough Council is due to launch with several physical activity awareness training sessions for staff and volunteers within the borough. Developed specifically for people who support older adults, it will cover the benefits of remaining active as people age, tips to encourage people to be more active and suggest different ways to incorporate movement into people's daily routines.
- A new carers dashboard has been developed using data from ASC, NHS and VSCE organisations.
- Children & Young People's social prescribing steering group has been set up to share learning and provide support to establish this role within the system, building on the successful introduction of two CYP social prescribers in East Surrey.
- Following the thriving communities of practice for wellbeing roles currently running in Northwest Surrey and Surrey Downs, work is underway to establish these in the two other places. These groups will support non-clinical wellbeing professionals by providing networking, shared learning, and peer support opportunities.

Bridge the Gap Alliance is a partnership of third-sector providers within Surrey communities providing a specialist trauma informed model of outreach for adults with multiple disadvantage. Multiple Disadvantage is a term to describe a cohort of people who are experiencing multiple issues including substance use, mental and physical health, domestic abuse, homelessness and criminal justice involvement. This cohort invariably find it difficult to engage with traditional services. This population are often known to many but helped by few, frequently impacting A&E and blue light services.

An independent evaluation of the programme between September 2020 and March 2022 was recently completed. The majority sample were aged 30-59 - potentially, because individuals tend to 'accumulate' additional types of disadvantage over the life course.

The evaluation highlighted the following:

- Improved outcomes for 70% of female participants and 100% of male participants
- All service users, except one, reported having experienced trauma or an adverse childhood event
- Whilst the Mental Health Foundation estimates 1/20 people have a personality disorder in the UK, 36% of the cohort indicated that they had a personality disorder
- Three service users stated that pre programme support, they were in contact with 86 different agencies across the system - only 5% overlapped, highlighting the complexity and the need to provide more joined up support.

The following outcomes and themes were provided by service users:

- All experienced reduced drug and alcohol use as a result of the programme
- Success of Bridge the Gap workers as 'navigators and 'motivators'
- Importance of support being embedded in the community was a critical success factor to enable service users to gain life skills and address gaps in their life experience

The Bridge the Gap programme in Surrey is primarily funded by the Changing Futures programme, which is a joint initiative with the Department of Levelling up, Housing and Communities and The National Lottery Community Fund. Prior to The Bridge the Gap outreach programme, the approximate cost/annum to the wider Surrey system to support one person with multiple disadvantages was £42,500. The evidence shows that Bridge the Gap is a prevention programme that helps to reduce health inequalities for vulnerable populations and save money by improving the individual outcomes. Investing £1.2m/year to maintain services for 60 clients has the potential to save the system £1.35m/year.

The funding for this transformational work in Surrey is due to end in March 2024. Sources of longer-term core funding and short-term innovative funding options are being sought. For example, Changing Futures secured £150,000 funding from NHSE to support those with co-occurring conditions in East Surrey. The programme will include the use of an outreach team including a psychologist to support rough sleepers to find improved ways to access mental health services. The Bridge the Gap Alliance's programme is still however seeking support.

For more information, contact [collette.levangilroy@surreycc.gov.uk](mailto:collette.levangilroy@surreycc.gov.uk) or [lisa.byrne1@surreycc.gov.uk](mailto:lisa.byrne1@surreycc.gov.uk)

## Health and Wellbeing Strategy: Priority 2 – Supporting Mental Health and Emotional Wellbeing

 <b>IMPACT SUMMARY</b> Improved mental health through prevention of mental ill-health and the promotion of emotional well-being	<b>WHAT WILL BE DIFFERENT FOR PEOPLE IN SURREY?</b>	<b>HOW HAS COLLABORATIVE WORKING BETWEEN HWB BOARD ORGANISATIONS ADDED VALUE AND CONTRIBUTED TO THE ACHIEVEMENT OF THE OUTCOMES?</b>	<b>DATA, INSIGHTS AND CHALLENGES – CITIZEN AMBASSADOR RESEARCH - CANCER PERSONALISED CARE/HEALTHY LIVING FOR THOSE WITH LEARNING DISABILITIES (IN PARTNERSHIP WITH SURREY CHOICES)</b>
<p><b>OUTCOMES By 2030:</b></p> <ul style="list-style-type: none"> <li>Adults, children and young people at risk of and with depression, anxiety and other mental health issues access the right early help and resources</li> <li>The emotional well-being of parents and caregivers, babies and children is supported</li> <li>Isolation is prevented and those that feel isolated are supported</li> <li>Environments and communities in which people live, work and learn build good mental health</li> </ul> <p><b>WHO IS LEADING THIS?</b></p> <p><b>Priority sponsors:</b>  Professor Helen Rostill, Deputy Chief Executive and Director of Therapies, Surrey and Borders Partnership  Kate Barker - Joint Strategic Commissioning Convener  Liz Williams - Joint Strategic Commissioning Convener</p> <p><b>Programme Manager:</b>  Jason Lever, Policy and Programme Manager, Surrey County Council</p> <p>For more information on the performance of individual programmes and projects within this priority such as progress against key milestones please contact the relevant programme manager via <a href="mailto:healthandwellbeing@surreycc.gov.uk">healthandwellbeing@surreycc.gov.uk</a></p>	<p>The Community Vision for Surrey describes what residents and partners think Surrey should look like by 2030: <i>By 2030 we want Surrey to be a uniquely special place where everyone has a great start to life, people live healthy and fulfilling lives, are enabled to achieve their full potential and contribute to their community, and no one is left behind.</i></p> <p>In light of the Community Vision and the vital role, communities and staff/organisations in the health and care system play in its delivery, the Strategy sets out Surrey's priorities for improving health and wellbeing across the priority populations for the next 10 years. It identifies specific groups of people who experience poorer health outcomes and who may therefore need more support. It also outlines how we need to collaborate so we can drive these improvements, with communities leading the way.</p> <p>Priority Two of the Health and Wellbeing Strategy focuses on enabling our citizens to lead emotionally healthier lives. This priority area is focused on prevention, removing barriers, and supporting people to become proactive in improving their emotional health and wellbeing. Priority Two aims to impact in the following ways:</p> <ul style="list-style-type: none"> <li>Ensuring the right early help and resources are available to support mental health across life stages</li> <li>Support during pregnancy and for young families</li> <li>Recognising and addressing the impact of isolation</li> <li>Building good mental health in the range of spaces and places including schools/workplaces.</li> </ul>	<p><b>The Mental Health: Prevention Oversight and Delivery Board (MHPODB)</b> took its Work Plan Framework to the Mental Health System Delivery Board on 19 January. A Work Plan Progress Reporting grid is now a standing item at six-weekly MHPODB meetings, to prioritise, support and oversee deliverables across four work areas. This is focused on prioritising programmes and projects delivering on the HWBS Priority Two outcomes which will be covered in a report to this Board in June 2023.</p> <p>The focus is on analysing the evidence base demonstrating need (e.g., new JSNA chapters) and public mental health evidence of effective preventative interventions. This will be combined with an enhanced understanding of the coverage and impact of projects and programmes in place that are delivering against the four outcomes of Priority 2, and so identifying gaps/future priorities.</p> <p><b>Surrey All Age Mental Health Improvement Fund (MHIF):</b> Close working between the MHPODB and MHIF is now established, with MHPODB board members advising on the targeting of specific areas of need and on relevant local or national best practice on which the MHIF should be drawing. There is also a future role for MHPODB to provide guidance and challenge around reporting, mobilisation, implementation and likely impact of performance of successful awards.</p>	<p>Surrey Heartlands Health and Care Partnership commissions Healthwatch Surrey to deliver the Citizen Ambassador Programme, as part of its commitment to ensuring Surrey residents' experiences and views are heard widely. Citizen Ambassadors are everyday people who act as 'peer researchers'. They are given training to deliver small-scale projects and engagements, to hear the experiences of people in the community.</p> <p><b>Cancer Personalised Care:</b> The aim of the research was to understand the lived experience and to investigate what Personalised Care/Support they have found beneficial/missing in stages of the cancer pathway. Many interviewees found that <b>'No attention was paid to my emotional wellbeing'</b></p> <p><b>Recommendations:</b>  Clinical teams are need to  - Ensure every patient has a holistic needs assessment and Personalised Care and Support Plan, that is shared.  - Ensure that all patients have access to a Clinical Nurse Specialist (CNS) or other key worker who can coordinate care, respond to concerns, and support.</p> <p><b>People with Learning Disabilities (LD) and healthy lifestyles.</b>  The aim of the research was to investigate healthy living with people with LD to reduce health inequalities</p> <p><b>Recommendations:</b>  Health and Well-being Support programmes need to empower clients and  -Factor in needs and challenges faced by people with LD  - Inform people of primary care benefits (including availability of appointment advocates/health checks.  - <b>Include social activities in healthy living definition</b>  - Encourage home cooking /making healthy food choices  - Support online shopping – this may need investment in training and infrastructure in digital technologies.  - Consider socio- economic circumstances - living circumstances, affordability and access  - Investigate viable alternatives if an existing activity stops</p>

## WHAT HAS BEEN ACHIEVED THIS QUARTER UNDER REFRESHED PRIORITY 2 OUTCOMES?



IN THE SPOTLIGHT – 'YOUR LIFE BEYOND CARE'

### Adults, children, young people at risk of /with depression, anxiety/other mental health issues access the right early help/resources

- A Men's Emotional and Mental Wellbeing project officer was recruited into the SCC Communities and Prevention team in January.
- A full mapping exercise has started of existing mental health and wellbeing support for men. In addition, Mentell has recruited a 3 day a week men's mental health champion for Surrey.
- In SABP, a suicide bereavement workshop was delivered to 20 professionals working with young people in Surrey, and a new staff suicide prevention training model is being planned
- The Independent Mental Health Network (IMHN) is undertaking an insight survey called 'Pathways to Change' looking into the experiences of South Asian adults.
- Surrey Coalition of Disabled People's research project, 'Compassion in Crisis' is looking at adults with autism and learning disabilities who have experienced mental health crisis.
- [Surrey Dementia Road Map](#), [Dementia Connect](#) (Alzheimer's Society), [Healthy Surrey](#) and [Surrey County Council](#) websites have published local resources to ensure people have access to the range of Surrey support groups available.
- Frimley Health & Care ICS carried out a targeted mental health and wellbeing comms campaign, focused on Talking Therapy services and community wellbeing offers; around 3000 people clicked on advertising and early website analytics suggest successful flow through to their service websites.

### The emotional well-being of parents and caregivers, babies and children is supported

- AFloaT is a new SABP service taking professional referrals in the Surrey Heartlands area to support those affected by moderate to severe mental health difficulties as a result of maternity experiences. It is working closely with maternity services at the 4 acute hospitals and within the wider system Perinatal Mental Health pathway.
- The Breastfeeding Strategy has been refreshed and updated over the past 6 months, in recognition of its importance as a key public health priority to optimise health outcomes for mothers/birthing parents, babies and their families. An action plan is near completion, after extensive professional and wider stakeholder feedback, and will contain key overarching themes for improvement to be initiated in 2023, with further implementation over the next five years.
- The Children & Young People's Emotional Wellbeing and Mental Health Strategy was published in February 2023, action plan to follow.
- The My Safety Plan project pilot at Royal Surrey and Epsom General Hospital has sought to improve communication between acute settings and schools, with a full roll out due in the Summer Term.

### Isolation is prevented and those that feel isolated are supported

- End Stigma Surrey has published its [toolkit](#) on how to reduce stigma, a directory for how to challenge discrimination and [blogs](#) of Lived Experience Champions' stories.
- In the [Hope Community Project](#), a total of 232 people attended the range of themed activities during 2022 at Richmond Fellowship, and 40 clients have been attending mosaic making classes at Mary Frances Trust.
- £22,000 has been secured by SCC to support [Creative Response](#) to offer art therapy to people with mental health conditions.

### Environments and communities in which people live, work and learn build good mental health

- A Prevention (Mental Health) working group for key neighbourhoods in Reigate and Banstead (incorporating ICB, SCC and R&B Community leads) has been set up to understand the key issues for residents and current provision.
- Action learning sets have been established for Mental Health First Aiders. Over 100 people have so far been trained in 2023.
- The Green Social Prescribing initiative has funded RSPB Farnham Heath to install a webcam at a nature reserve bird feeder, with the first Surrey care home in Epsom receiving technology training to enable residents to view this live feed.
- Plans are finalised for a therapeutic green space at the SABP CAMHS site in Epsom, to add the benefits of nature connectedness to patients' treatment plans. The garden secured £25,000 in grant funding and will be built in partnership with Volunteer in Yourself who will use the opportunity to train young people with mental health issues.

Surrey Children's Services has worked with Coram Voice to gain feedback from **looked after children and care leavers** on their lives and experiences in care, and what is important to them. Positive experiences included feeling safe, feeling that they knew and trusted their social workers and personal advisors, reporting to be 'more happy' with their appearance than the non-looked after population and the youngest and oldest children really knowing their life stories.

Among the areas for improvement were that looked after children would like to see their family more. Not all children stated that they had at least 'one really good friend' and they felt stigmas associated with being in care. Life satisfaction for care leavers was lower than for the general population, with barriers of money, location and their mental health. They also find it more difficult to cope financially than their peers.

Some practical suggestions came out from webinar discussions with practitioners and policymakers in January. These included doing more to support friends, which could improve attendance at drop in and user voice sessions for care leavers. A system challenge was highlighted that for some children placed out of area will be placed on the housing register in Surrey when they turn 18. Consideration should be given to them being placed on a register in the area they are living, to enable them to stay in contact with their friends. An action plan is in development. For more information, please contact [elaine.andrews@surreycc.gov.uk](mailto:elaine.andrews@surreycc.gov.uk).

## Health and Wellbeing Strategy: Priority 3 – Supporting People to Reach their Potential

 <b>IMPACT SUMMARY</b> People reach their potential	<b>WHAT WILL BE DIFFERENT FOR PEOPLE IN SURREY?</b>	<b>HOW HAS COLLABORATIVE WORKING BETWEEN HWB BOARD ORGANISATIONS ADDED VALUE AND CONTRIBUTED TO THE ACHIEVEMENT OF THE OUTCOMES?</b>	<b>DATA, INSIGHTS AND CHALLENGES - COST OF LIVING AND PEOPLE WITH DISABILITIES</b>
<p><b>OUTCOMES By 2030:</b></p> <ul style="list-style-type: none"> <li>• People’s basic needs are met (food security, poverty, housing strategy etc)</li> <li>• Children, young people and adults are empowered in their communities</li> <li>• People access training and employment opportunities within a sustainable economy</li> <li>• People are safe and feel safe (community safety incl. domestic abuse; safeguarding)</li> <li>• The benefits of healthy environments for people are valued and maximised (incl. through transport/land use planning)</li> </ul> <p><b>WHO IS LEADING THIS?</b>  <b>Priority sponsor:</b>            Mari Roberts-Wood, Managing Director, Reigate and Banstead Borough Council</p> <p><b>Programme Manager:</b>            Olusegun Awolaran, Policy and Programme Manager, Surrey County Council            For more information on the performance of individual programmes and projects within this priority such as progress against key milestones please contact the relevant programme manager via <a href="mailto:healthandwellbeing@surreycc.gov.uk">healthandwellbeing@surreycc.gov.uk</a></p>	<p>The Community Vision for Surrey describes what residents and partners think Surrey should look like by 2030: By 2030 we want Surrey to be a uniquely special place where everyone has a great start to life, people live healthy and fulfilling lives, are enabled to achieve their full potential and contribute to their community, and no one is left behind.</p> <p>In light of the Community Vision and the vital role communities and staff/organisations in the health and care system play in its delivery, the Strategy sets out Surrey’s priorities for improving health and wellbeing across the priority populations for the next 10 years. It identifies specific groups of people who experience poorer health outcomes and who may therefore need more support and outlines how we need to collaborate so we can drive these improvements, with communities leading the way.</p> <p>Priority 3 of the Health and Wellbeing Strategy focuses on enabling our citizens to lead healthier lives. This priority area is focused on primary prevention and addressing the wider determinants of health. Priority 3 cuts across five outcomes and action focuses around:</p> <ul style="list-style-type: none"> <li>• Ensuring that everybody has enough income to live on and lives in good and appropriate housing</li> <li>• Building social capital in communities</li> <li>• Improving access to training and jobs</li> <li>• Preventing crime and supporting the victims of crime including domestic abuse -supporting and empowering survivors</li> <li>• Improving environmental factors that have an impact on people’s health and well-being.</li> </ul>	<p>The HWB Board has and will be consulted on local Integrated Care Strategies.</p> <p>On Wednesday 1st February 2023, the <b>Surrey Heartlands Integrated Care Strategy</b> alongside the Joint Forward plan was officially launched at its ICS Expo. (<a href="#">Joining up care across Surrey Heartlands - YouTube</a>). The <a href="#">Strategy</a> consists of three system ambitions that have been developed based on the priorities and ambitions of their strategic context. The ambitions are:</p> <ol style="list-style-type: none"> <li>1. <b>Prevention:</b> Reflects the three priorities within Surrey’s Health and Wellbeing Strategy.</li> <li>2. <b>How we will deliver care differently:</b> Based on feedback from Surrey residents, the ICS will deliver care by making it easier for people to access the care they need, when they need it and by creating the space and time for the workforce to provide continuity of care.</li> <li>3. <b>What need to be in place to deliver on these ambitions:</b> To help in the delivery of the first two ambitions, the ICS will seek to work:           <ul style="list-style-type: none"> <li>With communities and enable them to lead locally driven change; with digital services and how data is used; with developing a workforce with the right culture, values, behaviour, skills, training and leadership to face the demands of the future.</li> </ul> </li> </ol> <p><b>Frimley Health and Care</b> have developed a draft <b>Integrated Care Strategy – Creating Healthier Communities</b>, due to be approved by the IC Partnership in March 2023. It has two overarching themes – reducing health inequalities and increasing healthy life expectancy and focuses on the following Strategic Ambitions:</p> <p>Starting Well; Living Well; People, Places and Communities; Our People; Leadership and Cultures; Outstanding use of Resources.</p>	<p>Surrey Coalition of Disabled People members have been surveyed; 45% of their members had gone without food, 76% had not turned their heating on, while 43% no longer were able to meet the additional costs associated with their disability and have felt the financial impact of increased bills, food, transport and care costs.</p> <p><i>“I use a CPAP machine, and this is plugged in constantly. I cannot find any information on how much the cost of electric is for this. I have a heated blanket for my bed. I know this is not cheap to run but I have no choice, if I get too cold my joints seize up, including my back. I cannot afford to put fuel in the car and my disability makes it hard to get to a bus stop”</i></p> <p><i>“Although I have changed my diet and eat foods that are cheaper to heat, I have not drunk hot drinks at home this year due to cost of boiling kettle.”</i></p> <p><i>“I never asked to borrow money, I have my pride, but a Parish Priest in Woking gave me £50. It was an embarrassment, but I took it. Later I cried in my car. Even with my car, I only drive for groceries or medical/health related reason - scared to go out if I won’t be back by 3pm because I’ll lose the closest parking space... I can’t see a way out of this and my life isn’t worth living anymore”.</i></p> <p>They, however, require help in accessing information and signposting, getting direct funding, getting technical support, devices, training and education. Other issues that need to be addressed include ensuring that all work hubs and community fridges/ food banks are accessible and publicise their locations as widely as possible; deliveries from foodbanks to those unable to leave their homes should also be considered.</p> <p>For more details contact Nikki Roberts, <a href="mailto:Nikki.Roberts@surreycoalition.org.uk">Nikki.Roberts@surreycoalition.org.uk</a></p>

**WHAT HAS BEEN ACHIEVED THIS QUARTER UNDER REFRESHED PRIORITY 3 OUTCOMES?**

**People’s basic needs are met**  
 Since the launch of the Warm Hubs across Surrey, a total of 103 hubs have been in operation, excluding libraries. Reports received from 62 of the hubs show that a total of 5,090 persons visited in December alone. General enquiries can be directed to: [warmhubs@surreycc.gov.uk](mailto:warmhubs@surreycc.gov.uk)

- The [Surrey Energy Advice Tool](#) is now live. The online tool can help any Surrey resident with their energy use. It requires residents to answer a short series of questions and the tool will provide information tailored to specific circumstances of the resident. Based on the answers, the respondent will receive information on grants, support and advice and non-financial help on a range of topics including finding free or part-funded schemes to make your home more energy efficient; signpost to debt relief grants; where to find additional services such as clothes and food banks; and fuel vouchers.

**Children, young people and adults are empowered in their community**

- A pilot ‘Discover Asset-Based Community Development’ training course (90mins x 8 online) has been designed by Nurture Development (ND) for SCC. If successful there will be a roll-out of this course for system partners. It will complement existing ND and Health Creation Alliance learning opportunities in Surrey.

**People access training and employment opportunities within a sustainable economy.**

- SCC held a National Apprenticeship Week 2023 event, where apprentices attended a workshop session about shaping the future of SCC’s Apprenticeship Programme and designed a recruitment campaign to attract apprentices to SCC.
- No One Left Behind Skills and Employment Network’s in-depth interviews have been completed with those most excluded from employment. The final report, including focus group results, is expected in March.

**People are safe and feel safe**

The Domestic Abuse Act 2021 (Part 4) placed a statutory duty on SCC to provide support in safe accommodation for everyone. SCC’s safe accommodation needs assessment identified gaps in refuge provision in Surrey for adult males, LGBTQ+ and Gypsy, Roma & Traveller communities. ‘I Choose Freedom’ were therefore granted funding from SCC to set up a two-year pilot project to provide eight self-contained dispersed accommodation units for single people across Surrey. I Choose Freedom and SCC have so far acquired six dispersed, self-contained properties and are hoping to secure a further two asap. The spaces will be advertised with the National Domestic Abuse Helpline (0808 2000 247) and on the Mankind Portal (01823 334244). Refuge Accommodation for All (RAFA) Project is now live and is providing single spaces for anyone that has barriers to shared living. You can find out more about the RAFA project by contacting Louise Gibbins at [louise.gibbins@surreycc.gov.uk](mailto:louise.gibbins@surreycc.gov.uk)

- Following the update to the Health and Wellbeing Board in November the Serious Violence Duty was ratified on the 31st of January 2023. To begin to meet the requirements of the duty an Operational Group has been established with representation from all the specified authorities and work had begun to gather relevant information and start to define what serious violence is in Surrey. The OPCC has taken on a convening role and is working to support the delivery of the Duty. For more information, please contact Sarah Haywood at [sarah.haywood@surrey.police.uk](mailto:sarah.haywood@surrey.police.uk)
- There will be a Community Safety Assembly 17<sup>th</sup> April 10am-12pm, Quadrant Court, Woking. HWB Board members should contact Sarah Haywood at OPCC (as above) if you would like to attend.

**The benefits of healthy environments for people are valued and maximised**

- SCC has been awarded a small grant from UK Research and Innovation & The Young Foundation to support Surrey Minority Ethnic Forum’s (SMEF) Muslim Women and Girls’ Eco-Warriors group to become embedded researchers in their own communities to understand approaches to climate change and green health and wellbeing in minority ethnic communities. The Phase 1 funding for this project will run February- August 2023, with an opportunity to apply for phase 2 funding later in the year. For more information, please contact Jane Soothill at [jane.soothill@surreycc.gov.uk](mailto:jane.soothill@surreycc.gov.uk)
- SCC has developed Countywide Liveable Neighbourhood zones around urban areas (key towns). There was also a bid for funding the development of a selection of zones to Active Travel England in February 2023. For more information, please contact Lyndon Mendes at [lyndon.mendes@surreycc.gov.uk](mailto:lyndon.mendes@surreycc.gov.uk)

**IN THE SPOTLIGHT – DEVELOPING ANCHOR INSTITUTIONS TO IMPROVE WORKFORCE CAPACITY**



Frimley Health and Care has received just under £100,000 from Health Education England to develop a programme to understand its communities better so that it can target what needs to change to make health and care roles more attractive and accessible to local people. The programme sits under the auspices of HWB Strategy’s outcome ‘People access training and employment opportunities within a sustainable economy’ and supports the Strategy’s Workforce Recovery and Development system capability. It will potentially focus on a specified priority population, and as such, to date the programme has been gathering examining best practice from other areas and collecting data about the community, drawing on data for Surrey Heath. It will draw key stakeholders together, including SCC Economy and Growth/Public Health teams and Department of Work and Pensions, at a workshop to develop a logic model for the programme in March.

The focus of the programme is:

- Access to work;** what processes/criteria do we need to change to enable more people to access good work
- Improving retention/health and wellbeing;** by understanding our workforce; targeting those staff living within areas of deprivation within our communities
- Exploiting opportunities to increase workforce capacity;** using data to identify where we best focus e.g; those for whom English isn’t their first language, men over 50 who need a second career which is less labour intensive, people with mild autism/learning disabilities who need an alternative/more supported route into work

The intention is to share best practice and create momentum regarding the benefits of working with anchor institutions. There is also a commitment to sharing progress with other health and care systems, particularly those within the NHS South East area.

For more information, contact Sandra Grant at [sandra.grant19@nhs.net](mailto:sandra.grant19@nhs.net)

Page 28

## Joint Strategic Needs Assessment: Progress as of February 2023

For further information please contact the PH Intelligence Team [phintelligence@surreycc.gov.uk](mailto:phintelligence@surreycc.gov.uk)

### Chapter published in last Quarter: 1

	Chapters published
Priority populations	<p><b>Children and young people with additional needs and disabilities</b></p> <p>We have now published our <a href="#">JSNA chapter</a> focusing on children and young people with additional needs and disabilities aged 0-25 years in Surrey. This JSNA centres the voice of children, young people, and their families at the heart of the insight and experience gathering process. It should be read alongside the Surrey Additional Needs and Disability Partnership self-evaluation and the Children and Young People with Additional Needs &amp; Disabilities: 2022 -2030 Sufficiency Plan (both summarised in the chapter). A further JSNA chapter on learning disabilities across all ages will be published imminently.</p>

### Planned JSNA chapters to be published by June 2023 / development started

	Chapter to be published
Priority 1 Page 9	<p><b>Screening services</b> – Publication scheduled for April 2023</p> <p><b>Substance use</b> – Publication of full chapter scheduled for April 2023. <a href="#">Visualisations of data</a> surrounding substance use of adults and young people in Surrey were updated and published in 2022.</p> <p><b>Multiple disadvantage</b> – Development started</p>
Priority 2	<p><b>Mental health of adults</b> – To be published March 2023</p> <p><b>Mental Health of children &amp; young people</b> – Development started</p>
Priority 3	<p><b>Economy</b> – Development started</p> <p><b>Housing</b> – Development started</p>
Priority Populations	<p><b>People with learning disabilities</b> – To be published March 2023</p> <p><b>People experiencing domestic abuse</b> – Development to start Summer/Autumn 2023</p>
Other	<p>Responding to recent international developments, the JSNA has added a 'rapid needs assessment' to those completed during the pandemic, exploring <b>Migrant Health</b>. This will be delivered in several phases with the focus of phase one being on asylum seekers and refugees which will reference the Afghan and Ukrainian support schemes that are currently in place. Phase one of the needs assessment is currently at draft report stage. Due to the sensitive and dynamic nature of this area of healthcare we are working through what can be shared publicly via the <a href="#">JSNA website</a>. To discuss in more detail please contact Qanita Vora, Public Health Programme Lead, via <a href="mailto:qanita.vora@surreycc.gov.uk">qanita.vora@surreycc.gov.uk</a>.</p>

NOTE: Latest Census 2021 analysis can be found [here](#) on [Surrey-i](#)

This page is intentionally left blank